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"Constantly Coughing and Spitting."

THOMAS J. RUSTING, Esq., 2303 Pine Street, St. Louis, Mo., writes: "I was a great sufferer from catarrh for three years. At times I could hardly breathe, and I was constantly coughing and spitting, and for the last eight months could not breathe through the nostrils. I thought I was dying, and I was told to try Dr. Sagar's Catarrh Remedy, and I am now a well man. I believe it to be the only safe and effective remedy for such a complaint, and one has only to give it a fair trial to experience astounding results and a permanent cure."

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